

Goodrich Middle School

Megan Burny 810-591-2236
Food Service Director

Lavonne Hipps 810-591-4227
Manager



Student Breakfast- \$2.00

Student Lunch-*\$3.75 & \$3.00

Reduced Price Breakfast-\$.30 Lunch-\$.40

Milk \$.50

Adult Breakfast- \$3.00 Adult Lunch \$5.25

Menu Subject to Change

Lunch Menu

August 2022 – January 2023

WEEK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	*Cheeseburger or Hamburger *Pizza Fries Carrots Peaches	*Tacos *Pizza Baked Beans Strawberries	*Chicken Nuggets w/ Grain Bosco Sticks w/ Hashbrown Mashed Potatoes w/Gravy Pears	*Spaghetti w/ Grain *Pizza Broccoli Orange	*Martian Bowl w/ Grain Bosco Sticks w/ Hashbrown Mashed Potatoes w/Gravy Corn Apple
2	*Macaroni & Cheese w/ Grain *Pizza *Crispitos Broccoli Peaches	*Walking Nacho w/ Meat & Cheese *Pizza Baked Beans Hashbrown Apple	*Chicken Nuggets w/ Grain Bosco Sticks Fries Pears	*Chicken Patty Sandwich *Pizza Tossed Salad Carrots Strawberries	*Martian Bowl w/ Grain Bosco Sticks w/ Hashbrown Mashed Potatoes w/Gravy Corn Mixed Fruit
3	Hot Dog *Chili Cheese Dog *Pizza *Chili Cheese Fries Carrots Apple	*Tacos *Pizza Baked Beans Strawberries	*Chicken Nuggets w/ Grain Bosco Sticks w/ Hashbrown Mashed Potatoes w/ Gravy Pears	*Stir Fry w/ Rice & Mixed Vegetables *French Toast w/ Sausage Broccoli Pineapple	*Martian Bowl w/ Grain Bosco Sticks w/ Hashbrown Mashed Potatoes w/ Gravy Corn Peaches

Lunch includes: Protein, Grains, Fruits, Vegetables and Milk

Breakfast includes: Grains and/or Protein, Fruits and Milk

Students must take a least ½ cup of fruit and/or veggie with Breakfast and Lunch

Salads, PBJ, &
Yogurt Parfaits
offered daily

**ALL LINES
SERVED DAILY**
Variety of Fruits
& Vegetables
Low fat White or
Fat Free Flavored
Milk

BREAKFAST:

Monday:

Breakfast

Pizza

Tuesday:

Assorted

Bagels

Wednesday:

Pancakes w/

Sausage

Thursday:

Cereal w/

Muffin

Friday:

Breakfast

Sandwich

Also served Daily:
Yogurt Parfaits,
Banana Bread,
Muffins, Poptarts, &
Cereal.

Aug / Sept 2022						
S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

Oct 2022						
S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Nov 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Dec 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

WEEK 1

WEEK 2

WEEK 3